










Sunderland COPD Inhaler Guide

Preferred inhaler choices for Sunderland are shown below. Prescribe inhalers (other than salbutamol) by brand name.

MDI = metered dose inhaler; DPI = dry power inhaler

| | Form-ulary choice | Brand name | Drug, strength and minimum inspiratory force required (if applicable) | Picture | Dose |
|--|---|--|---|---|---|
| SABA (Short-acting) | 1 st choice | Various brands inc: Ventolin Evohaler ® Easyhaler Salbutamol ® | Salbutamol 100mcg/inhalation MDI or DPI |  | TWO inhalations up to FOUR times a day |
| | Others include: Terbutaline (Bricanyl Turbohaler®) | | | | |
| LAMA (Long-acting Antimuscarinic) | 1 st choice | Seebri Breezhaler ® | Glycopyrronium 44 mcg/dose DPI |  | ONE inhalation ONCE daily |
| | 2 nd choice | Eklira Genuair ® | Acclidinium 322 mcg/dose DPI |  | ONE inhalation TWICE daily |
| | Alternat ive | Spiriva Respimat ® | Tiotropium 2.5mcg/dose solution for inhalation MDI * Only for patients who cannot use a DPI or have an insufficient respiratory inspiratory force for 1 st and 2 nd choice options |  | TWO puffs ONCE a day |
| | Others include: Tiotropium (Spiriva Handihaler®) – for existing patients only. Do NOT use in new patients. | | | | |
| LAMA/LABA (Long-acting Antimuscarinic & Long-acting Beta2 Agonist) | 1 st choice | Ultibro Breezhaler ® | Glycopyrronium & indacaterol 43/85 mcg/dose DPI |  | ONE inhalation ONCE daily |
| | 2 nd choice | Duaklir Genuair ® | Acclidinium & formoterol 340/12 mcg/dose DPI |  | ONE inhalation TWICE daily |
| | Alternat ive | Spiolto Respimat ® | Tiotropium & olodaterol 2.5/2.5mcg MDI * Only for patients who cannot use a DPI or have an insufficient respiratory inspiratory force for 1 st and 2 nd choice options |  | TWO puffs ONCE a day |
| ICS/LABA (Inhaled Corticosteroid & Long-acting Beta2 Agonist) | 1 st choice | Fostair ® | Beclometasone & formoterol 100/6 and 200/6 mcg/dose MDI or NEXThaler DPI |  | 100/6: TWO puffs TWICE daily (200/6 strength is not licensed for COPD) |
| | 2 nd choice | DuoResp Spiromax ® | Budesonide & formoterol 160/4.5 & 320/9 mcg/dose DPI |  | 320/9 strength: ONE puff TWICE daily |
| | Others include: Budesonide/formoterol (Symbicort Turbohaler®) – for existing patients only. Do NOT use in new patients. | | | | |
| ICS (Inhaled corticosteroid) | USE ONLY WITH LABA/LAMA COMBINATION INHALER UNLICENSED USE | | Budesonide 200mcg/dose Or Clenil (beclomethasone) 250mcg/dose | ONLY IF PATIENT NEEDS LABA+LAMA+ICS AND ICS/LABA + LAMA UNSUITABLE | Budesonide 200mcg TWO puffs TWICE daily Clenil 250mcg TWICE daily |

Useful links for patients:

- My Lungs My Life - www.mylungsmylife.org
- British Lung Foundation Breathe Easy support groups – www.blf.org.uk/support-for-you/breathe-easy